

LIGHT LUNCH

4OZ WEST COUNTRY BEEF BURGER 9.0

Glazed bun, our own burger sauce, gem lettuce, pickled red onion, and fries. (996 kcal)

Add extra toppings for 1.50 each:

+ Smoked streaky bacon (169 kcal)

+ Monterey Jack cheese *v* (74 kcal)

+ Vegan cheese *vg* (61 kcal)

+ Chorizo & sweet chilli jam (63 kcal)

STEAK FRITES 10.5

5oz minute steak cooked pink or well-done, with garlic & chive butter, sweet drop pepper & rocket salad, and fries. (675 kcal)

SMALL FISH & CHIPS 9.5

Coated in a St Austell Ale & seaweed batter with garden or mushy peas, tartare sauce, and lemon. (1266 kcal)

Pair with Tribute, our light and zesty, easy-drinking pale ale.



SMALL BANANA BLOSSOM 'FISH' & CHIPS 9.0

Instead of fish, we coat banana blossom in a St Austell Ale & seaweed batter with garden or mushy peas and vegan tartare sauce. (945 kcal)

SMALL WHOLETAIL SCAMPI & CHIPS 9.5

Peas, tartare sauce, and lemon. (1060 kcal)

LENTIL BURGER *vg* 9.0

Glazed bun, salsa, pickled red onion, baby gem lettuce, and fries. (1250 kcal)

PORK PIE PLOUGHMAN'S 10.0

Squealer pork pie, Davidstow Cheddar cheese, spiced tomato chutney, pickled onion, salad garnish, baguette, and Cornish butter. (1202 kcal)

SIDES

CHIPS *vg* (566 kcal) 3.5

CHEESY CHIPS *v* (774 kcal) 4.5

FRIES *vg* (404 kcal) 3.5

GARLIC BAGUETTE *v* (204 kcal) 3.5

CHEESY GARLIC BAGUETTE *v* (412 kcal) 4.5

DRESSED SIDE SALAD *vg* (68 kcal) 3.5

APPLE & CELERIAC REMOULADE *v* (129 kcal) 3.5

LETTUCE WEDGE *v* 3.0

Blue cheese sauce and crispy onion. (225 kcal)

SUMMER GREENS *vg* 4.0

Mangetout, sugar snaps, kale, and fine beans lightly coated in warm garlic oil. (74 kcal)



BAGUETTES, SANDWICHES & WRAPS

All baguettes, sandwiches & wraps are served with crisps and dressed salad garnish.

ATLANTIC PRAWN & SEAFOOD SAUCE 9.5

Atlantic prawns coated in a classic seafood sauce on a bed of crisp iceberg lettuce. (615 kcal)

ST EWE EGG, TOMATO & CRESS *v* 7.5

Cornish St Ewe egg mayo, mustard cress, and sliced tomato. (818 kcal)

DAVIDSTOW CHEDDAR & SPICED TOMATO CHUTNEY *v* 7.5

Mature Cornish Cheddar with a lightly spiced tomato chutney. (927 kcal)

CORONATION CHICKEN 8.5

Roasted chicken breast wrapped in our coronation mayo with lime and coriander. (1024 kcal)

BEETROOT FALAFEL WRAP *vg* 7.5

Carrot tapenade and gem lettuce. (584 kcal)

SOUTHERN FRIED CHICKEN WRAP 8.0

Gem lettuce, cheese, and mayo. (656 kcal)

CREAM TEA 7.0 *v*

Two scones, Rodda's clotted cream, strawberry jam, and a pot of tea. (744 kcal)

Upgrade to Prosecco +6.0

Our allergen information is available on request. Please let your server know if you have any allergies or intolerances. We take steps to minimise the risk of cross-contamination when preparing your food, however, we do not have specific allergen-free zones in our kitchens. It is therefore not possible for us to guarantee separation of all allergens.

We have a separate menu available for guests looking to avoid gluten, please ask your server.

v - vegetarian · *vg* - vegan

Adults need around 2000 kcal a day.