

LIGHT LUNCH

4OZ WEST COUNTRY BEEF BURGER 9.0

Glazed bun, our own burger sauce, gem lettuce, pickled red onion, and fries. (996 kcal)

Add extra toppings for 1.50 each:

+ Smoked streaky bacon (169 kcal)

+ Monterey Jack cheese *v* (74 kcal)

+ Vegan cheese *vg* (61 kcal)

+ Chorizo & sweet chilli jam (63 kcal)

STEAK FRITES 10.5

5oz minute steak cooked pink or well-done, with garlic & chive butter, sweet drop pepper & rocket salad, and fries. (675 kcal)

SMALL FISH & CHIPS 9.5

Coated in a St Austell Ale & seaweed batter with garden or mushy peas, tartare sauce, and lemon. (1266 kcal)

Pair with Tribute, our light and zesty, easy-drinking pale ale.



SMALL BANANA BLOSSOM 'FISH' & CHIPS 9.0

Instead of fish, we coat banana blossom in a St Austell Ale & seaweed batter with garden or mushy peas and vegan tartare sauce. (945 kcal)

SMALL WHOLETAIL SCAMPI & CHIPS 9.5

Peas, tartare sauce, and lemon. (1060 kcal)

SIDES

CHIPS *vg* (566 kcal) 3.5

CHEESY CHIPS *v* (774 kcal) 4.5

FRIES *vg* (404 kcal) 3.5

GARLIC BAGUETTE *v* (204 kcal) 3.5

CHEESY GARLIC BAGUETTE *v* (412 kcal) 4.5

DRESSED SIDE SALAD *vg* (68 kcal) 3.5

APPLE & CELERIAC REMOULADE *v* (129 kcal) 3.5

LETTUCE WEDGE *v* 3.0

Blue cheese sauce and crispy onion. (225 kcal)

SUMMER GREENS *vg* 4.0

Mangetout, sugar snaps, kale, and fine beans lightly coated in warm garlic oil. (74 kcal)



BAGUETTES, SANDWICHES & WRAPS

All baguettes, sandwiches & wraps are served with crisps and dressed salad garnish.

ATLANTIC PRAWN & SEAFOOD SAUCE 9.5

Atlantic prawns coated in a classic seafood sauce on a bed of crisp iceberg lettuce. (615 kcal)

ST EWE EGG, TOMATO & CRESS *v* 7.5

Cornish St Ewe egg mayo, mustard cress, and sliced tomato. (818 kcal)

DAVIDSTOW CHEDDAR & SPICED TOMATO CHUTNEY *v* 7.5

Mature Cornish Cheddar with a lightly spiced tomato chutney. (927 kcal)

CORONATION CHICKEN 8.5

Roasted chicken breast wrapped in our coronation mayo with lime and coriander. (1024 kcal)

BEETROOT FALAFEL WRAP *vg* 7.5

Carrot tapenade and gem lettuce. (584 kcal)

SOUTHERN FRIED CHICKEN WRAP 8.0

Gem lettuce, cheese, and mayo. (656 kcal)

CREAM TEA 7.0 *v*

Two scones, Rodda's clotted cream, strawberry jam, and a pot of tea. (744 kcal)

Upgrade to Prosecco +6.0

Our allergen information is available on request. Please let your server know if you have any allergies or intolerances. We take steps to minimise the risk of cross-contamination when preparing your food, however, we do not have specific allergen-free zones in our kitchens. It is therefore not possible for us to guarantee separation of all allergens.

We have a separate menu available for guests looking to avoid gluten, please ask your server.

v - vegetarian · *vg* - vegan

Adults need around 2000 kcal a day.